





# Oral Health Assessment and Review (OHAR): In-Practice Implementation Study

#### Scottish School of Primary Care Conference 24 April 2012

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#### Scottish Dental Clinical Effectiveness Programme



'supporting the dental team to provide quality patient care'

Guidance development – Key stages

- Multi-professional Guidance Development Group
- Scoping and preliminary research
- Develop a draft for consultation
- Consultation (up to 3 months)
- Revise Guidance
- Peer Review
- Revise Guidance
- Design
- Publication & Dissemination







for

- Widespread translation of SDCEP guidance into practice is unlikely to be achieved through publication and dissemination only
- More sophisticated dissemination and implementation strategies are required









### What is TRiaDS?

Clarkson et al. Implementation Science 2010, 5:57 http://www.implementationscience.com/content/5/1/57



#### STUDY PROTOCOL



# The translation research in a dental setting (TRiaDS) programme protocol

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**Durham** 

University



UNIVERSITY OF ABERDEEN







#### The TRiaDS Framework



NHS

Education

for Scotland



## **Published guidance**









**Decontamination I** - Cleaning March 2007



Emergency **Dental Care** Nov 2007



Drug Prescribing May 2008 August 2011

**Caries Prevention** and Management in Children April 2010



**Practice Support** Manual June 2010



**Oral Health** 

March 2011



Bisphosphonates Assessment & Review April 2011



**Decontamination II** - Sterilization December 2011



OHA considered a fundamental change to traditional practice





- The majority agreed with the principles of the guidance
- Doing a lot of it already but a bit 'haphazard'

"We are doing a lot of this already but maybe over the course of a few appointments, not all in one."

- Barriers to implementation into practice
- -time
- -software
- -remuneration
- –lack of skills
- -patients' acceptance



# **In-Practice Implementation Study**



#### December 10 – March 11

- 9 participants a range of dental practices and practitioners
- Objectives
  - to investigate which elements of an OHA are currently included in a routine examination
  - explore the <u>actual</u> barriers to conducting an OHA from the dentist's perspective
  - explore patients' views of the acceptability and importance of receiving an OHA
  - inform the future implementation of the guidance by exploring the support and resources required by primary care dentists to enable them to conduct an OHA in practice









# **Clinical Assessment**



■ Assessed & Recorded ■ Assessed ■ Not Assessed ■ Not Consistent ■ Not Applicable



**Number of Dentists** 



- Personal Care Plan
  - with the exception of one dentist, personal care plans were not developed, recorded or agreed with the patient. A copy of the care plan was never given to the patient
- Risk assessment and assignment
  - in general dentists do not assess or assign risk
- Review
  - 86% of examinations were scheduled at 6 monthly intervals



- Software cannot record all of the required information new software " All that is currently on R4 is to write free notes" "Software of Excellence is already able to do most of it"
- Lack of knowledge, skills, self-confidence provide training I wasn't comfortable with the head and neck assessment, possibly due to my lack of confidence and concern about what the outcome would be."

"For risk assessment, it would be good to discuss with other dentists to reach a consensus." "Risk assignment is hard to do"

"Asking about alcohol consumption was not easy."

• Lack of appropriate remuneration/time – introduce a new fee "The aims are very laudable. I just don't think it sits well within the current SDR. To expect it to become part of everyday practice would require a change in the SDR."





On average, it took patients **15 minutes** to complete the forms (min = 7, max = 32)

On average, it took **22 minutes** for GDPs to conduct an OHA in the surgery (min = 10, max = 41)





#### **Patient Views**



- 91% (75/82) of patient questionnaires were completed and returned
- most patients are willing to discuss, open and honestly, their medical, dental and social history and their level of dental anxiety
- approximately half of all patients think that advice on how to quit smoking, reduce alcohol intake and improve diet should always be included (approximately one third of patients were neutral on this)



# Impact



- Findings are informing policy discussions remuneration, quality improvement, and service re-design
- TRiaDS/SDCEP developed a national online OHA audit that closely mirrored this study being endorsed by the BDA
- Working with software companies to discuss adapting it for compliance with the requirements of an OHA
- TRiaDS/SDCEP are now working with NHS Education for Scotland do develop and provide training for dental teams in Scotland
- In collaboration with Health Scotland, resources to support dentists provide alcohol advice are being developed and plans are in place to trial an intervention







### Thank you

We thank all the dental care providers that took part in the diagnostic analysis and the TRiaDS Research Methodology Group for guiding the research

TRiaDS is funded by NHS Education for Scotland. The views expressed are those of the authors not the funding body.

