

Implementation research in allied health care: the Good Goals programme

Kolehmainen N, Duncan EM, MacLennan G, Duncan EAS, McKee L, Ternent L, Dorward M, Fayed N, Kay D, Francis JJ.



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BACKGROUND AND AIM

Setting shared treatment goals:

- is central to good quality allied health (AHP) care provision
- is not effectively implemented.

A collaborative, programmatic approach involving researchers, service providers and users may be beneficial.

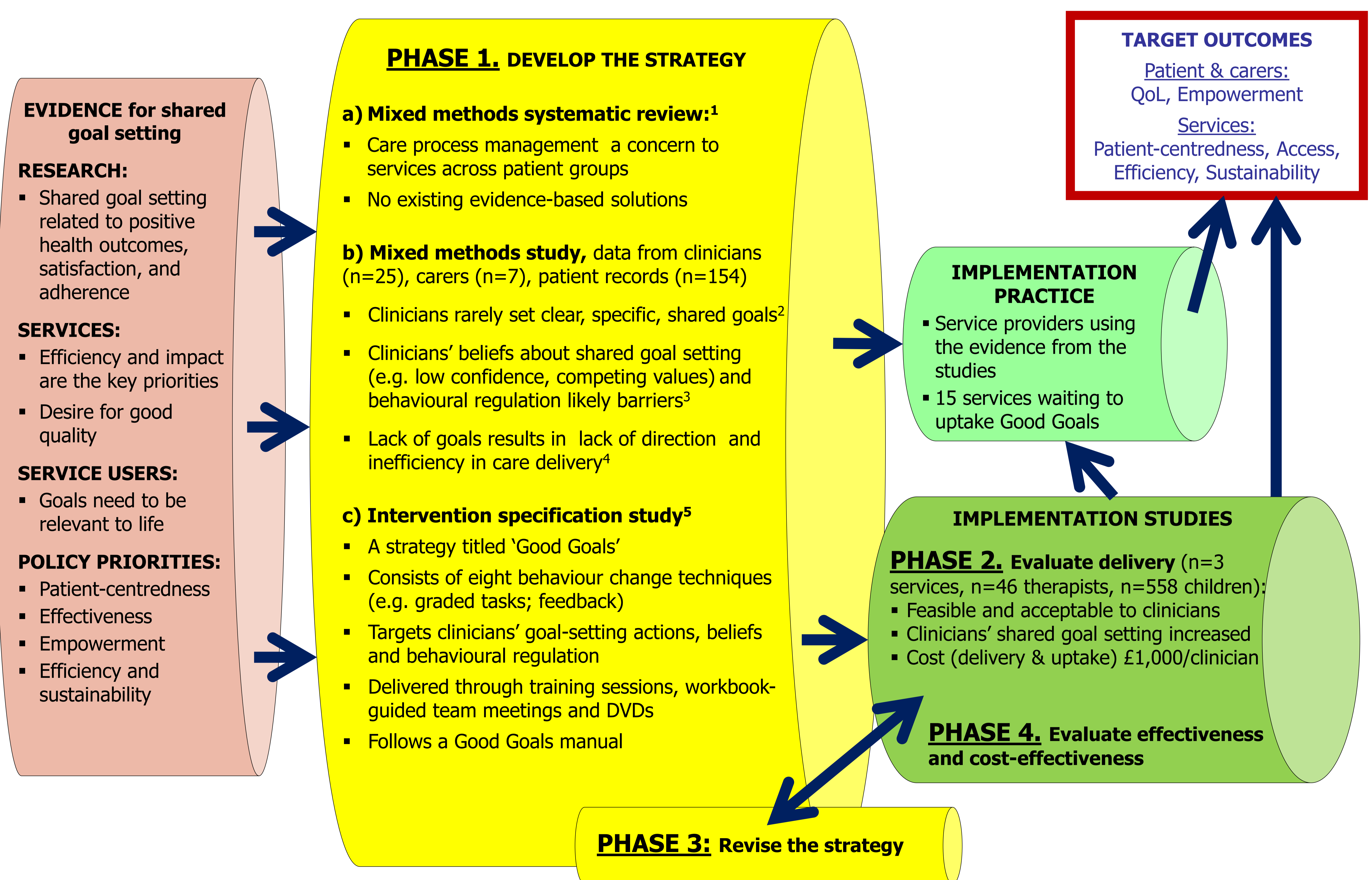
The aim: To implement shared goal-setting in children's AHP services.

METHODS: FOUR PHASES

- 1) To develop an implementation strategy (titled Good Goals).
- 2) To evaluate Good Goals delivery, up-take and costs: mixed methods multilevel case studies.
- 3) To enable large-scale delivery: a co-design study with service providers and users (planned for 2013).
- 4) Formally evaluate effectiveness and cost-effectiveness : a hybrid effectiveness-implementation cluster RCT (application currently prepared)

RESULTS

Figure 1. The Good Goals research presented on an adapted version of the implementation research process described by Mittman 2012⁷



CONCLUSIONS

The research programme has been effective in developing a feasible and acceptable implementation strategy that service providers desire to implement in practice.

Current challenge is for the Good Goals implementation research to keep pace with the implementation practice.

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Follow us on: www.facebook.com/goodgoals

Contact: Niina Kolehmainen

Tel: +44 (0)1224 438153

Email: n.kolehmainen@abdn.ac.uk



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